



# WARES FOR WARRIORS

**The MD Patriot Guard, a 501 c 3, is collecting donations of new items (see list below) to deliver to our recovering heroes & their families at  
Walter Reed National Military Medical Center – Bethesda**

**Personal items:**

- ***Band-Aids, mouth wash, Kleenex boxes, Q-tips, shampoo, conditioner, body lotion, baby lotion***
- ***Feminine products***

**Cleaning, home goods, paper products:**

- ***Laundry detergent PODS, bleach, dishwashing soap***
- ***Trash bags, sandwich bags***
- ***Paper towels, toilet paper, napkins***
- ***Lint rollers***
- ***Swiffer Wet Jets***
- ***Bath towels, wash cloths, full size sheet sets***

**Food/drink:**

- ***Single serve microwave meals (Mac & cheese, soups, beef stew, chili, etc.), snacks-microwave popcorn, peanut butter crackers, snack size chips, etc.***
- ***Coffee, coffee filters***
- ***Soda, Gatorade, juice***

**Gift cards:**

- ***Subway, Giant, McDonalds, Walmart, Target***

**For more info: Ted Nettles 240-394-2029**